

To find out more about the changes to care and support and how you might benefit visit www.doncaster.gov.uk/careact Alternatively, you can contact Doncaster Council by phone on 01302 737391; by text on 71006; or by email at adultcontactteam@doncaster.gov.uk

Personal budgets and payments







'Care and support' is the term we use to describe the help some adults need to live as well as possible with any illness or disability they may have. It can include help with things like washing, dressing, eating, getting out and about and keeping in touch with friends or family.

If you receive care and support, or you support someone as a carer, you could benefit from these changes.

For the first time, the Care Act provides a legal entitlement to Personal Budgets. This ensures that person centred care and support arrangements are developed as widely as possible. Your social worker will help you understand the different options for arranging and paying for your own care and support needs. These personalised approaches are set out below.

If you have difficulty in understanding personal budgets and other options for paying for care, you can ask for an independent advocate who can help you to arrange care which best fits around your life.

Personal budgets

A personal budget is the amount of money that the council gives you to pay for any care and support that you need. Your community care assessment will help you decide what services will help you live a life that's as full and safe as possible. Then, your care worker will talk with you about how you would like your personal budget to be set up. You can ask for the Council to arrange your care or you can ask for your personal budget as a direct payment, to be managed either by you, a family member, or a money management service.

Direct payments

Direct payments give you lots of control over your care and support. You can decide how your needs are met and buy the support that suits you best.

It's important to spend your direct payments carefully, making sure that you cover all the needs shown in your assessment. Your care worker will help you make your decisions and our Direct Payment Support Team is here to help with questions about your payments.

Managing your direct payment money

There are different ways to receive your direct payments. We will help you to choose the option that is safe and easy for you to manage and gives you as much independence as possible.

- 1. An **Instant Access Account**: the council will help you protect your account and keep track of your spending.
- 2. A **Standard Direct Payment:** you take responsibility for keeping spending records which the council will check.
- 3. An **Indirect Payment**: a relative, or advocate takes responsibility for keeping spending records which the council will check.
- 4. A **Money Management Service**: payments are made to your care and support provider who will manage them in line with your assessment.

There are a few rules about how you can spend your direct payment but as long as your spending is legal and relates to the care and support needs as agreed in your care plan, it is usually fine.

We will need to see you within the first 6-8 weeks after your first direct payment and again if you need more help or advice. We will then review your payment regularly (at least once every year).